

COVID-19 "برگه راهنما" - شهر شارلوتزویل

نسخه 3. آخرین به روز رسانی: 5/15/2020

این جزوه به روز شده دارای لیست جدیدی از منابع کمک شارلوتزویل است که وضعیت عملکرد آنها در هنگام بحران COVID را نشان می دهد. همه شماره تلفن ها کد منطقه 1-434 را دارند مگر اینکه در موارد دیگری ذکر شده باشد. برای اطلاعات به روز ، از کد QR استفاده کنید تا صفحه وب ما را بررسی کنید.

• وعده های غذایی عمومی

○ نام و اطلاعات مکان:

- **The Haven**; 112 W Market; به صورت حضوری
- **Salvation Army**; 207 Ridge St; به صورت حضوری
- **Keevil & Keevil Kitchen**; 703 Hinton Ave; درخواست از طریق ایمیل; keevilkitchen@gmail.com or 989-8807.

	صبحانه	ناهار	شام
The Haven	از دوشنبه تا یکشنبه ساعت 7 صبح	از دوشنبه تا پنجشنبه از 12:00 تا 1 بعد از ظهر	X
Salvation Army	از دوشنبه تا شنبه 7 صبح یکشنبه ساعت 9 صبح	از جمعه تا شنبه ساعت 12 ظهر یکشنبه ساعت 1 بعد از ظهر	از دوشنبه تا شنبه ساعت 5:30 بعد از ظهر

Keevil & Keevil	از دوشنبه تا جمعه ساعت 8 صبح	از دوشنبه تا جمعه ساعت 12 ظهر	X
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پناهگاه شبانه اضطراری

• Salvation Army Emergency Shelter:

شماره:

295-4058;

آدرس:

207 Ridge St.

مردان ، زنان ، خانواده ها ، کودکان؛ تماس بگیرید یا حضوری وارد شوید
10 صبح - 10:00 - آنها مهمان جدید را نمی پذیرند

• PACEM:

شماره:

465-1391 (لیز);

آدرس:

112 W Market St (office)

پذیرش مهمانان جدید به صورت محدود ، با لیز تماس بگیرید تا در مورد یک تخت صحبت کند.

پناهگاه برای مواقع اضطراری و خشونت خانگی

مهمانان جدید پذیرفته می شوند. جهت اطلاعات بیشتر با شماره ی زیر تماس بگیرید.

293-8509.

شماره ی تلفن خدمات اضطراری برای کودکان و نوجوانان

972-7233

خدمات برای خانوادگان در مواقع بحرانی

در حال حاضر بودجه و کمک برای مسکن در دسترس نیست. برای اطلاعات در مورد خدمات بیشتر با شماره ی زیر تماس بگیرید.

296-3872.

DEPARTMENTS OF SOCIAL SERVICES

دپارتمان خدمات اجتماعی

برای Medicaid, SNAP, TANF و خدمات بیشتر درخواست کنید.

برای اطلاعات بیشتر با شماره ی زیر در تماس باشید یا به وب سایت دپارتمان خدمات اجتماعی مراجعه کنید.

1-855-635-4370

برای درخواست کردن Medicaid با شماره ی زیر تماس بگیرید

1-855-242-8282

در حال حاضر، ادارات دپارتمان خدمات اجتماعی برای مراجعات حضوری تعطیل هستند. برای اطلاعات بیشتر در رابطه با سایر خدمات با شماره های مربوطه در تماس باشید.

Charlottesville: 970-3400

Albemarle: 972-4010

LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, career readiness training. All programming online, call & leave message to get info.
- **Literacy Volunteers of America:** 977-3838; 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language. Currently closed.

VETERANS SUPPORT SERVICES

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250. All services & hours unchanged.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing and supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 804-691-4905; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices closed, call for services.

EMPLOYMENT SERVICES

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online to file for unemployment.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching.
- Closed: Downtown Job Center, Network2Work. Virginia Workforce Center is effectively closed.

CLOTHING

- **Salvation Army Thrift Store:** 979-5320; 605 Cherry Ave. Still operating.
- **Eden Ministries:** Free clothing & household items. See Section: Emergency Food for more info. Open.
- **THRIVE Women's Health:** Maternity clothes. 220-3777, 1416 Greenbrier Pl. Call ahead.
- Currently closed: Green Olive Tree (Crozet), Belmont Baptist Clothing Closet, Twice is Nice

TRANSPORTATION

- **JAUNT:** 296-3184. Regional transportation.
- **City of Promise:** 288-5153. Free Lyft rides for residents of Hardy Dr, 10th & Page, and Starr Hill
- **Veo E-bikes:** 1-855-VEO-2256. Free e-bike rides through month of May. Download Veo app or call directly to set up account and unlock a bike.

DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance.
- **Central Virginia Legal Aid Society:** 296-8851; 1010 Preston Ave. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services.
- **Office of Human Rights:** 218-0756; 106 5th St NE. Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits. Office closed, call for assistance.

OTHER EMERGENCY SUPPORT

- **AIM:** 972-1704. Mon-Thurs 9-4. Local utility and housing aid. Call Salvation Army for electricity & heat, otherwise apply online.
- **Love INC:** 977-7777. Emergency financial support and material aid. Offices closed, call for assistance.
- *(County-only):* **Crozet Baptist Church:** 973-4281. To be connected to local resources
- **Community Emergency Response Fund:** Closed: No longer accepting applications.

NEED MORE INFO?

Point a phone camera at this QR code here

to open a webpage with up-to-date information on the resources listed here, or go to:
<https://tinyurl.com/covidresourceguidecville>

SCAN ME

WOMEN'S HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- **Whole Woman's Health:** 973-4888; 2321 Commonwealth Dr. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding.
- **Donor Diapers:** 214-0345; Garrett Community Center (418 E Garrett St SE). Monthly diaper & wipe giveaways. Next on June 21st, 2-3:30pm.

PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** 98-COVID, Option 3; M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill).
- **Thomas Jefferson Health Department:** 972-6269; 1138 Rose Hill Dr. Only in-person services right now: pap smears, birth control. WIC still operational. No testing or vaccines currently. Appointment only (no walk-ins). COVID Info: 972-6261
- **Charlottesville Free Clinic:** 296-5525; 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, call for eligibility. Dental: emergency only, 1st come 1st serve.

- **Central Virginia Health Services** (Neighborhood Family Health): 227-5264; 901 Preston Ave, Suite 301. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online.
- **Visionworks**: 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr**: 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Now: urgent appointments only; open for eye exams in few weeks.
- **Cville Community Cares**: 214-0454; Free prescription delivery. Sign up: <http://tinyurl.com/cvillecaresrx>
- **UVA**: Now offering mix of in-person & telehealth for most outpatient clinics.

MENTAL HEALTH SUPPORT

- **Region 10**: Mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 972-1800 / 1-866-694-1605. Telehealth intake appointments: 972-1829.
- **On Our Own**: 979-2440; 123 4th St NW. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings.
- **Teen Crisis Hotline**: 972-7233. Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling.
- **Women's Initiative**: 872-0047. Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours.
- **Mental Health Association Virginia Warm Line**: 866-400-6428. Peer-run support line for individuals or concerned others who would like someone to talk to
- **Grief Share**: 800-395-5755. Online support group for coping with loss. See website for schedule or call.
- **Partner for Mental Health**: 977-4673. Effectively closed.

SUBSTANCE USE SUPPORT

- **Addiction Allies**: 260-3042. Suboxone clinic / MAT, online counseling (substance use & mental health). Accepts Medicaid. No referral needed, just call or contact online.

- **Addiction Recovery Systems - Pantops:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening.
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery, Alcoholics Anonymous** (293-6565), **Narcotics Anonymous** (800-777-1515), **AI-Anon** (cvillealanon@gmail.com, 972-7011 hotline), **AI-Ateen** (senglot12@gmail.com, 972-7011 hotline), **In the Rooms**

SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** Office: 295-7273; hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active.

EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-day supply, 2x/mo. Call ahead to request. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm).
- *County-only:* **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 4th Fri/mo, 5-7pm. Drive-up, no need to call ahead.
- **The Catering Outfit Helps:** Temporary food pantry for restaurant employees who are out of work. Mon & Thurs 11am-2pm, pick-up at Atrium near Carlton Rd, Cville.

Church-based Food Pantries:

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-4pm. Do not need to pre-register.
- **Holy Comforter Catholic Church:** 208 E Jefferson St. Mon-Wed, 10am-12pm. Walk-up.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon & Wed 12:30pm-2pm, Fri 10:30-12. Open.

- **Ministerios Profeticos Palabra:** 1-804-216-0399; 1827A Seminole Trail
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo. Must reside in Western Albemarle. Open; call 979-4490 to request.
- **Thomas Jefferson Memorial Church:** 717 Rugby Rd. 1st Fri/mo 9-11am (sign-in by 10am). Open, call 293-8179 to request.
- **New Beginnings Christian Community:** 1130 E Market St. Wed afternoon & Sat AM. Open; call 249-5691 to request.
- **Bethany Seventh Day Adventist:** 401 Harris Rd. 3rd Sat/mo, 1-2:30pm. Text/call 904-553-5167 to request week before; delivery (Cville only) or drive-through.
- **Eden Ministries:** 2999 Merrie Meadows Ln, Keswick. 1st Sat/mo 9a-noon. Call 973-4068 to schedule other times.

Food Delivery Services:

- **Social Distance Delivery:** Free grocery delivery. Request at socialdistancedelivery.org
- **JABA Home Delivered Meals:** 817-5253. For low-income folks > 60y unable to prepare meals. Call to determine eligibility.
- **Meals on Wheels:** 293-4364. Delivery of 2 weeks worth of lunches for homebound individuals. Next delivery is 5/28 (bimonthly). Call or apply online.

Kids:

- Albemarle County & Cville City provide breakfast & lunch to any child under 18y old. Through June 5th. See websites for pick-up schedule & locations.